

## Your commitment to wellness. Our investment in you.

Bring in this pass for three free days at your local YMCA Health and Wellness facility. When you give the Y a try, receive special rewards by becoming a Wellness Member during those three days. Ask us for more information about a Wellness Membership.

### Beaverton Family YMCA

503.644.3900

### Clark County Family YMCA

360.885.9622

### Sherwood Regional Family YMCA

503.625.9622

**Find us on facebook and twitter!**

*Guest policies apply. Pass good for non-members only, one per guest, one pass per year. Local residents only. Photo ID required. Offer good through 12/31/10.*



**Give  
the Y a  
try!**  
Three-day Pass

**Y** YMCA of  
Columbia-  
Willamette

[www.ymca-portland.org](http://www.ymca-portland.org)

Online