

In a hurry?

We understand. Don't fill out anything. Just give this portion of the card to a friend, coworker or family member with your name on it, and they can use it for a free day pass.* If they become a Wellness member, you get Y Bucks for the cooler gear.

When you make a commitment to your well-being with a Wellness Membership the Y will make an investment in you. A Wellness Membership is more affordable, and includes one-on-one instruction with a qualified member of our wellness team.

Your Name _____

Friend's Name _____

Phone _____ **Email** _____

*Pass good for non-members only. Limit one pass per family unit. Local residents only. Photo ID required. Guest policies apply. Please visit our Welcome Center for details.