

YMCA of Columbia-Willamette Youth Member and Guest Policy

All youth in our YMCA facilities under the age of 12 must be either enrolled and signed in to a YMCA supervised program such as Fun Club (with an adult responsible for that youth on site at the facility), or that adult must ensure that this Member and Guest Youth Policy is followed while the youth is in the facility. Direct supervision is defined as the “parent must be participating with their child at all times and be directly with the child.

Facility Use:

Youth 14 to 17 years old are given full access to the facility.

Youth under the age of 12 must have a supervising adult in the facility.

Youth under 9 years of age must be under the direct supervision and control of their parent, legal guardian or designated YMCA staff person at all times.

Locker Rooms:

Youth under 9 years of age must be under the direct supervision and control of their parent, legal guardian or designated YMCA staff person in the locker rooms.

Children 5 years and younger must be directly supervised by an adult responsible for that child.

Children over the age of 5 cannot be in the locker room of the opposite gender. Please contact lead staff on duty if there is an accommodation issue.

Use of Family Changing rooms (if available) is encouraged. Please supervise your child with changing and bathing needs.

Fitness Training Areas:

Youth under 12 years of age are not permitted in the Fitness Training area unless the youth is involved in a Youth Fitness Program or has completed a Self Starter program or Youth Orientation- and must be accompanied by an adult responsible for that youth.

Youth 14 years old and older are permitted in the Fitness Training Area without an adult if they have completed Strength Training Orientation.

Rock Wall:

Youth under 12 years of age must have an adult responsible for that youth in the facility. A YMCA staff member must belay the climbers or the wall is not open.

Teen Center:

Youth 12 and over may attend the Teen Center without a parent or guardian.

Pool Use: *Source: Minimum Standards of Safety for YMCA Aquatic Activities*

All children are swim tested and are visibly marked before allowing the child into the managed body of water; no non-swimming children are allowed in the water above nipple line without a care giver within arm's length unless the child is wearing an approved PFD; all children using entry devices must also pass the manufacturer's suggested size requirement. Children under the age of 8 must be within arms length of a responsible adult 18 years or older. Children 8-11 years of age may be in the pool without an adult however there must be an adult age 18 or older responsible for that child in the building. Youth 12 and older may be in the pool without an adult in the building.

Saunas, Steam Rooms, and Whirlpools: *Source: YMCA of the USA Medical Advisory Committee Recommendations*

Children under 6 years of age are not permitted to use a sauna, steam room or whirlpool because they are not yet physically capable of coping with the heat.

Children 6 to 11 years may only use the saunas, steam rooms, and whirlpools when supervised by a responsible adult.

Employees: *Source: Branch/Facility- Staff Youth Policy in Compli*

When YMCA staff members are on duty, all children of staff eleven and under must be enrolled in a program while in the facility. When utilizing a staff membership, staff members are required to follow and model the Member and Guest Youth Policy.

Member and Guest Code of Conduct and YMCA Rules and Policies:

All YMCA members and guests must follow the YMCA Members Code of Conduct and all YMCA rules and policies . Enforcement of the policies and rules will be handled by the management (Building Supervisors, Program Directors, Instructors, Senior Management Staff and other designated staff).

Modifications to the policy may be made by individual facilities based upon the facility design and programs offered. Modifications must be approved by Association Leadership. In no instance shall a modification set a lesser standard than the policy as stated herein.