

**YMCA WINTER BREAK
CONDENSED GROUP EXERCISE SCHEDULE
December 23-January 2**

ALL CLASSES HELD AS SCHEDULED EXCEPT ON DAYS DETAILED BELOW:

Friday, Dec. 23

8:30am CYCLE

9:30am PILATES

ALL OTHER CLASSES CANCELLED

Saturday, Dec. 24 Christmas Eve

8:30am CYCLE

10:30am YOGA

ALL OTHER CLASSES CANCELLED

Monday, Dec. 26

8:30am CYCLE

9:30am PILATES

ALL OTHER CLASSES CANCELLED

Friday, Dec. 30

8:30am CYCLE

8:30am STEP

9:30am PILATES

10:30 ZUMBA GOLD

ALL OTHER CLASSES CANCELLED

Saturday, Dec. 31 New Year's Eve

8:15 ABS/8:30 STEP

8:30am CYCLE

9:30 ZUMBA

10:30am YOGA

ALL OTHER CLASSES CANCELLED

SUNDAY, NEW YEARS DAY, JANUARY 1

9:00am CYCLE

9:30am R.I.P.P.E.D. (BRAND NEW TONING CLASS!)

